



YEAR 9 OPTIONS

January 2024
Week 17

In Year 9, there are important decisions to be made by you and your parents before you start Year 10 in September 2024. You have already experienced life at North Durham Academy and you know a great deal about what to expect. However, you will now need to choose the subjects that you want to study for the next two years.

To find out more about our Options Process, head to the North Durham Academy website to see our Options Booklet and a video giving you more detail on the process by Mr Dawson.

<https://northdurhamacademy.co.uk/curriculum/options-process-2024/>



YEAR 9 OPTIONS



MOMENTS MATTER



ATTENDANCE COUNTS

From the first day of term to the last, the small moments in a school day make a real difference to your child.

#AttendanceCounts

**"THIS MORNING HE
WASN'T FEELING
WELL...BUT LOOK
AT HIM NOW!"**

**MOMENTS
MATTER,
ATTENDANCE
COUNTS.**



HM Government

Head to the NHS website to find out more.





WHAT DOES AN EFFECTIVE REVISION SESSION LOOK LIKE?

Effective study sessions require discipline which can be hard when we all have mobile phones – adults find this difficult too! Put your phone in a different room while revising!

Before starting your revision session, decide what revision strategies you are going to use. Perhaps a 5 minute flashcard quiz, followed by a Brain Dump on something you are finding difficult to remember?

Use the pomodoro technique. This is a timer that breaks down work schedules into intervals of 25 minutes of work and 5 minutes of break. This technique was developed by Francesco Cirillo in the 1980's – it is a productivity tool that is widely used!





Mrs Menear
DSL

*Need someone
to talk to?*

BEING SAFE

WORKING TOGETHER TO IMPROVE THE COMMUNITY

We are not only a school, we are a part of a community. As part of the community, we are fully aware of the concerns in regards to anti-social behaviour. We are working collaboratively with Police, Community Wardens, Fire Fighters and the Anti Social Behaviour Team to support and reduce negative behaviour within the community. On Friday we held an assembly sharing awareness with students and the consequences of this behaviour. The impact this can have on local businesses, those who care about the community and how this can make people feel.

Going forward the anti-social behaviour team and staff from the local authority will be working with our Year 7 students to share awareness of this subject and to help improve school attendance.



Key Contacts at North Durham Academy
Our phone lines are often busy with inbound calls.
You can also use the following methods to contact key staff:

Year 7

Head of Year - Ms K Hodge
t: 01207 292180
e: K.Hodge@ndacademy.co.uk
Year Manager - Ms H Wynne
t: 07780 431905
e: H.Wynne@ndacademy.co.uk

Year 10

Head of Year - Ms B Robson
t: 01207 292180
e: B.Robson@ndacademy.co.uk
Year Manager - Mr S Findlay
t: 07780 431903
e: S.Findlay@ndacademy.co.uk

Year 8

Head of Year - Mr J Lee
t: 01207 292180
e: J.Lee@ndacademy.co.uk
Year Manager - Ms E Hanlon
t: 07535 536293
e: E.Hanlon@ndacademy.co.uk

Year 11

Head of Year - Ms S Graham
t: 01207 292180
e: S.Graham@ndacademy.co.uk
Year Manager - Ms A Graham
t: 07780 431895
e: A.Graham@ndacademy.co.uk

Year 9

Head of Year - Ms K Clydesdale
t: 01207 292180
e: K.Clydesdale@ndacademy.co.uk
Year Manager - Ms K Smith
t: 07780 431891
e: K.Smith@ndacademy.co.uk

