NDA NEWSLETTER



EVENTS

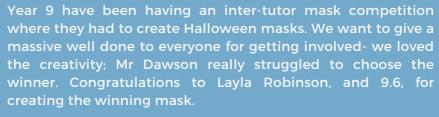
October 2023 Week 8

YEAR 9 PERFORM THRILLER

Year 9 students were treat to a performance of Thriller during their morning assembly this week. Ms Smith commented on how brilliant the students performing were. Well done year 9!



YEAR 9 MASK COMPETITION



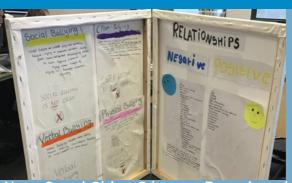
All finalists won a bar of chocolate and Layla R won a £10 Amazon voucher and a tub of chocolates for her tutor group,

BIG QUESTION OF THE WEEK



Students this week debated the big question of 'Is there an afterlife?'

STUDENT SPOTLIGHT



Neve S and Chloe C in year 7 produced an amazing presentation in Life all about their first topic of 'Relationships'. They both worked collaboratively at home to produce a display, as well as producing hand outs for other members of the class. They showcased NDA's oracy skills as they confidently presented to the rest of their class in a clear voice. A huge well done to you both, a credit to NDA.





BEING SAFE

Halloween is great fun but a whole range of potential hazards come into play on one spooky night - knives for carving pumpkins and candles lit for spooky ambience. Here are some Halloween safety tips and first aid tips for parents to ensure this Halloween isn't frightening for all the wrong reasons!

TIP 1 - CAREFUL CARVING

Pumpkin carving has to be one of the most fun activities on Halloween and a chance for parents to show off their creative talents! Just apply common sense around knives and children. Make sure they remain within the family home and out of reach of little ones.

TIP 2 - FRIGHTENING FIRE

Remember Claudia Winkleman's daughter whose witches costume caught fire? Shop safely for costumes and avoid buying flammable fabric. Check the CE Mark on the label, read the safety information and buy from a trusted place. Keep costumed children well away from naked flames or avoid flames altogether. The battery operated plastic candles make a great alternative but be very careful of small round batteries around little ones.

TIP 3 - ROAD RISKS

Little ones get easily spooked by scary decorations (so reassure them beforehand – it's not real!). And the desire to get the next sweetie can mean eager kids run out into the dark roads just at the time people are driving home from work. Use bright glow in the dark fabric or glowsticks and keep kids close and under control near roads. Head out early so little ones don't get spooked by older children dressed up really scary and are less likely to be tired and off guard. If you've got older children, remind them that Halloween can seem very scary to some younger children.

TIP 4 - GROUP GHOULS

If your child is ready for some independence, ensure they are within a group of at least three other people. There's safety in numbers, but remind them to be respectful of others when out on the street.

TIP 5 -ROUTE READY

Ensure you've planned a route, with road crossing points, and reiterated road safety before they head out. Stanley roads are exceptionally busy during the school holidays and especially on 'Trick or Treat' night.

ONLINE SAFETY
TIPS

The online world and digital technology has become such a significant part of our lives – and integral to so many aspects of our daily routine – that we shouldn't be surprised at the degree of influence it can wield over what we think and how we feel. Many experiences that young people have on the internet are hugely positive and uplifting ... but sadly, that's not always the case.

Negative incidents online – such as disagreements with other users, stumbling across upsetting content or feeling left out by friends – can be intensely damaging to a child's emotional state. Here are some useful tips for young people and trusted adults on how even small, simple actions can help to protect our wellbeing when we're on the internet.

- Tip 1 Take care with what you share
- Tip 2 Go Tech free before bed
- Tip 3 Check your privacy settings
- Tip 4 Speak up against harmful behaviours
- Tip 5 Avoid comparing yourself with others.

You are all amazing young individuals at North Durham Academy. Remember to be kind, stay safe and always speak to a trusted adult if you have any worries. If not, you can always use the SOS button on our school website, we still monitor this during the school holidays.





YEAR 11 SPOTLIGHT



EVENTS

