

SUBJECT INTENT STATEMENT

Students will progress through a wide range of skills, tactics, strategies and compositional ideas to perform successfully in a range of sports. We seek to instil habits and attitudes that will support a thriving and healthy lifestyle and a lifelong love for sport.

Students will be able to maintain a healthy lifestyle and engage in skilled sporting activities. Our curriculum strives to be informative and inspiring. We aim to encourage the strengths of all learners, creating an inclusive environment, which supports development whilst allowing those with clear strengths to flourish. Each student should experience an interesting, challenging and enjoyable range of physical activities whilst developing the ability to perform and refine knowledge and skills.

Students will become wise and disciplined in terms of health consciousness. Physical Education as a subject is founded on the belief that healthy living is the foundation of both physical and mental wellbeing, whilst providing a wealth of opportunities for the development of good character. We wish to instil the importance of fair play, resilience, integrity and humility to support our students in becoming well-rounded citizens who are valued not only as individuals but by the contributions they make to society.